



Reflexology

The feet provide a map for the body's organs and this popular form of holistic massage involves stimulation of reflex points found in the feet. The aim of reflexology is to create "homeostasis", which means that the organs in the body are all working together and at their best.



Aromatherapy Massage

Aromatherapy is a massage treatment using essential oils and other plant extracts to reduce stress, enhance mood and boost wellbeing.

Prices		
NO HANDS® Massage	1 hour	£40.00
Deep tissue Massage	1 hour	£40.00
Hot Stone Massage	1 hour	£50.00
Aromatherapy	1 hour	£50.00
Swedish Massage	1 hour	£40.00
Acupressure Chair Massage	20 minutes	£20.00
Reflexology	1 hour	£40.00

Gift vouchers available.

Buy four treatments in advance and get the fifth one free.

Mobile Service

Do you want to have a moment of relaxation at your workplace or at an event? We offer exclusive mobile services to corporations and groups at special events e.g. birthdays and pamper nights, which can include Acupressure Chair Massage. Mobile services are tailored to suit your needs and preferences.

DIAMOND WELLNESS
-Healing Hands Massage Therapy-



From Deep Tissue Massage to a Relaxing Aromatherapy Massage.

WENDY BOITEL CTHA

Complementary Therapist Association
Licensed NO HANDS® Massage Therapist

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Wendy Boitel

I qualified with City & Guilds obtaining a diploma in complementary therapies in 2012 and registered with the Complementary Therapists Association. I offer a range of holistic treatments.

Treatments are tailored to suit each client's needs incorporating elements from a range of therapies. Treatments are also offered based solely on the client's preference.

Who can benefit from it?

These complementary therapies may be beneficial for anyone suffering from stress and other conditions such as muscular pain, back and shoulder ache and neck tension. It will also be helpful in balancing and boosting the body.

Swedish Massage

Swedish Massage increases the oxygen flow in the blood and releases toxins from the muscles. It increases circulation and reduces stress, both emotional and physical.

Hot Stones

A specialist therapy where heated stones are placed on different parts of the body allowing the muscles to relax 3-4 times quicker than in a standard body massage. The heat increases blood supply and creates a state of deep mental relaxation.



Deep tissue Massage

Focusing upon areas of tension and pain, Deep Tissue Massage realigns the deeper layers of muscle and connective tissue.

It is especially helpful for areas which can be chronically tense and contracted such as the neck, back and shoulders.

NO HANDS® Massage

NO HANDS® Massage is a deep, powerful and gentle treatment. Injuries, aches and pains can be smoothed away through the sheer power of healing touch. Once you have experienced a treatment, you will want nothing else.